88th ALDA Annual Meeting
February 26 – 28, 2020 • Renaissance Montgomery Hotel at the Convention Center

Sessions Will Be in the Renaissance Hotel – Friday’s Food EXPO is in the Convention Center
Parking is Available in the Deck Directly Behind the Hotel on Bibb Street

TENTATIVE AGENDA

Wednesday, February 26, 2020
11:00 a.m. – 6:00 p.m.  ALDA Registration Desk Open
Main Floor, Ballroom B Foyer
1:00 pm – 4:00 p.m.  Culinary Education in the Future of Dietetics Education and Practice featuring
Ballroom C  Chef Eric Rivera, Wesley McWhorter MS, RD, LD, CSCS, and EATSouth Farm
4:30 pm – 5:30 p.m.  ALDA Board of Directors Meeting
5:30 pm – 7:30 p.m.  ALDA Welcome Reception
Dreamland BBQ  Sponsored by The Dairy Alliance

Thursday, February 27, 2020
7:30 a.m. – 5:30 p.m.  ALDA Registration Desk Open
Ballroom B Foyer
8:00 – 8:30 a.m.  Welcome & Opening Remarks by ALDA President
Ballroom B  Sheena Gregg, MS, RDN, LD
8:30 – 9:30 a.m.  The Story of Alabama in Fourteen Foods
Ballroom B  Emily Blejwas, Director, Gulf States Health Policy Center
9:30 – 10:30 a.m.  DayTwo Science and Research
Ballroom B  Melinda Maryniuk, Med, RDN, CDE
10:30 – 10:45 a.m.  Break
10:45 – 11:45 a.m.  ASPEN/SCCM and European ICU Nutrition Guidelines
Ballroom B  Adina Hirsch, PharmD, BCNSP  
Sponsored by the Fresenius Kabi USA
12:00 – 1:15 p.m.  ALDA Business Luncheon
Convention Center C
1:30 – 2:30 p.m.  Sports Nutrition, Speaker TBA
Ballroom B
2:30 – 2:45 p.m.  Break
2:45 – 3:45 p.m.  Navigating Conversations Regarding Food, Weight and Body Image in Childhood and Adolescent Populations
Ballroom B  Katherine Jordan, MS, RDN, LDN  
Sponsored by Alsana
3:45 – 4:45 p.m.  Dietary Nitrates: Friend or Foe?
Ballroom B  Kristi M. Crowe-White, PhD, RD & Katelyn Senkus, MS
5:30 pm - 7:30 pm  ALDA Membership Celebration

Friday, February 28, 2020
7:00 a.m. - 3:00 p.m.  ALDA Registration Desk Open
Ballroom B Foyer
7:00 – 8:20 a.m.  ALDA Student Breakfast
Ballroom C
8:30 – 9:30 a.m.  CBD (Cannabidiol): Breaking into the Health Space - How Healthcare Professionals Can Lead the Conversation
Ballroom B  Emily Kyle, MS, RDN, CDN, CLT, HCP
9:30 – 9:45 a.m.  Break
9:45 – 11:00 a.m.  Karen Wright Memorial Lecture: Turning Contacts into Contracts
Ballroom B  Judith Scharman Draughon, MS, RDN, LD
11:00 – 12:00 p.m.  The Anti-Inflammatory Diet
Ballroom B  Carolyn Williams, PhD, RD  
Sponsored by the Beef Council
12:00 – 1:15 p.m.  EXPO/Lunch/Poster Session Presentations
1:15 – 2:15 p.m.  Can We Produce Long-Term Weight Loss?
Ballroom B  James Hill, PhD
2:15 – 3:15 p.m.  Food Sustainability
Ballroom B  Deanne Allegro, MS, RDN, LD
3:15 pm  Drawing for Basket Winners & Door Prizes
Ballroom B Foyer

**Registration Fees**

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<tr>
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<th>OPTIONAL WEDNESDAY WORKSHOP</th>
<th>ALDA ANNUAL MEETING (Includes Wednesday Reception and all events on Thursday &amp; Friday &amp; T-shirt)</th>
<th>THURSDAY ONLY</th>
<th>FRIDAY ONLY</th>
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<td>ALDA Member</td>
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